CONSULT TRAIDY

CAREER DECISIONS

The Career Opportunity Workbook

Your guide to making confident, aligned and powerful career decisions.

"Clarity creates confidence. Confidence creates action. Action creates impact."

Traidy Naidoo

Founder who built and ran a registered NDIS provider. ISO 9001 Lead Auditor, Master of Social Work, trained in law.

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Explore

Clarify what matters, then choose.

This workbook is designed to help you explore a new career opportunity with clarity, confidence and purpose. Take your time, be honest with yourself, and trust the answers that emerge.

1 Why are you considering this opportunity?

What is attracting you to this role, and why now?

2 What matters most to you?

List your top three non-negotiables in your next role.

A

B

C

3 What are you really deciding?

What are your options, and what happens with each one?

4 How well does this opportunity fit?

How does this role align with your skills, values, lifestyle and long-term goals?

5 What risks and opportunities do you see?

What excites you? What concerns you?

6 Who can help you make an informed decision?

Who can you speak with, or learn from?

7 What would success look like?

Imagine it is one year from now and you have taken the role. What would need to be true?

8 What is your next step?

What action will you take in the next 48 hours?

Design

The path and impact you want to build.

Use this page to go deeper into what you want, who you are, and the legacy you are building.

Values and Strengths

What do you stand for, and what are you naturally good at?

My core values (top five)

A

B

C

D

E

My strengths (what comes easy to you?)

Career Vision

Where are you going, and what do you want to create?

In three to five years, I see myself

The impact I want to make

What lights me up at work

Decision Confidence

Check in with yourself. Where are you now?

Uncertain 1 2 3 4 5 Very confident

What is holding me back?

What would help me feel more confident?

Support and Insight

You do not have to do this alone. Build your circle.

People I can learn from

A

B

C

D

Information I still need, and questions I need answered

A question worth sitting with

If there were no fear, no expectations from others and no pressure to justify your decision, what would you choose?

When the decision is bigger than a job.

A career move is one version of this question. Reshaping the organisation you lead, or the way it runs, is a larger one. That is the work I do with founders and leaders. If you are weighing something like it, I would like to help.



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